



Please complete this form and send in with your hair sample and the completed questionnaire. If your partner has a different surname to you please give both surnames and remind us each time you write or ring for information. If you are already pregnant please let us know this and give the expected due date.

Hair is delivered to the laboratory each Friday. You should have your hair results and individual programme within 14-21 days. There may be occasional delays due to holidays, festive period, bank holidays etc. but we will always endeavour to send out results as quickly as possible.

Please make a note of when the follow-up test is due. This will enable us to assess the progress you are making.

The charges (inc. VAT) for analysis results and programme are:

- Non Members: £85 per couple or £50 single sample
- Members*: £72 per couple or £45 single sample
- *Our annual membership fee per couple/family is currently £40

Cheques payable to: Foresight. We also accept payment by credit/debit card over the telephone – please note there is a handling fee of 50p for debit cards and £2.50 for credit cards.

Surname: Ref. No.

First Name - Female: Male:

Address:.....
.....

Email address that you would like your results sent to:

(If you do not have an email address or would like your results posted out, please provide a stamped addressed envelope.)

Tel No(s): Or

Foresight clinican/Nutritionist (if applicable).....

Please specify whether you would like your results to be sent to your clinician and provide email address :

Is your test for preconceptual care analysis or general health? Please specify.....

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Age: Female Male: Pregnant? Y/N If yes, Due date: